

EXHIBIT A



HOW TO PREPARE FOR YOUR MRI EXAM

Please allow a minimum of 45 minutes for your appointment time. Please leave all valuables at home. For your safety, ALL jewelry, piercings, and transdermal patches must be removed prior to your exam. You will be given a basket and locker to secure your purse, wallet, cell phone, etc. If you prefer, please lock these items in your vehicle prior to check-in.

☒ PREP #1 – MRI C-spine without contrast & Right Shoulder without contrast
No prep is necessary for this exam. **Patients with casts will need to have the cast removed. **
MRI scan cannot be performed through the cast.

☐ PREP #2 – MRI CHOLANGIOGRAM (MRCHOL)
1. Nothing by mouth 4 hours before the exam.
2. Regular medications are allowed with clear liquids as needed to take medications.

☐ PREP #3 – ABDOMEN/PELVIS.
1. Nothing by mouth 4 hours before the exam.
2. Regular medications are allowed with clear liquids as needed to take medications.
3. If you will be given an oral contrast prior to your exam, your check-in time will be 1 hour prior to the exam time to drink the oral contrast.

☐ PREP #4 – ARTHROGRAM– **No blood thinners for 7 days prior to the exam (including aspirin products)**
1. Bring your designated driver
2. Your MRI scan will follow 30 minutes after the injection
3. Plan to be here for your exam for up to 2 hours

☐ SEDATION PATIENTS
All sedation patients must bring a designated driver and the driver must check-in with the patient. Failure to do so will result in the need to reschedule your exam. Patients receiving sedation should avoid caffeine 4 hours prior to their appointment time. Patients who will be sedated by the MRI nursing staff will need to arrive 1 hour prior to their appointment time to be prepped for medication administration.



INSURANCE

If there are any changes in your health insurance, please notify us by calling **(858) 586-6730, option 1** immediately to obtain prior authorization, if needed. This will help avoid possible additional financial responsibility or the need to reschedule your exam.

Based on your insurance, there may be a co-insurance payment. This payment amount information will be provided at the time of the confirmation call from the Scheduling Department, 48 hours prior to your appointment. Please be prepared to make this payment when you check-in for your exam. Based on the Radiologist's determination for your individual diagnosis, there may be changes to your study that would incur additional charges.

- ☐ APPROVED CLEAR LIQUIDS: Water, tea or BLACK coffee, clear soda such as 7-UP, Jell-O or popsicles (no fruit or cream added, no colored dyes) clear soup such as bullion or broth, clear fruit juice or drinks (no orange, tomato or prune juice, no pulp), clear hard candy.

The date and time of your exam is 10/27/2022 .

Your check-in time is 11:40 am , so that you can be prepped and ready for your MRI exam.

If you are unable to keep your scheduled appointment, please notify us 24 hours prior to your appointment by calling **(858) 586-6730, option 1**.

Your MRI is scheduled at:

- ☐ ~~Sharp Rees-Stealy Mira Mesa
8937 Activity Road
San Diego, CA 92126
Front desk # 858-653-6058~~
- ☐ ~~Sharp Rees-Stealy Otay Ranch
1406 East Palomar Street
Chula Vista, CA 91913~~
- ☒ Sharp Rees-Stealy - Santee
8701 Cuyamaca St.
Santee, CA 92071

SHARP Rees-Stealy
Medical Centers

Name of Patient: Anton, Wael

Date: 10/27/2022

Time In: 11:30 Am

Time Out: 1:30 pm

This patient named above had an appointment at Sharp Rees-Stealy Mira Mesa Clinic on the above date.

SRS Imaging Department

Sharp Rees-Stealy Medical Center
Radiology Department
8933 Activity Road
San Diego, CA 92126



Eugene Iredale <egiredale@iredalelaw.com>

Fwd: You have an upcoming appointment with Radiology Appointments

1 message

Will Anton <wantonsd@yahoo.com>

Mon, Oct 24, 2022 at 2:05 PM

To: Lawyer Gene Iredale <egiredale@iredalelaw.com>

Anton's Garage Doors & Gates**Owner Will Anton****(619)-851-8847****LIC# 1084717**

Begin forwarded message:

From: FollowMyHealth <noreply@followmyhealth.com>**Date:** October 24, 2022 at 10:21:37 AM PDT**To:** wantonsd@yahoo.com**Subject:** You have an upcoming appointment with Radiology Appointments

The SHARP logo, consisting of the word 'SHARP' in a large, bold, serif font.

Dear Waiel,

You have an upcoming **phone, video or in-person visit**. If you're unsure whether your visit is in person or virtual, please message your provider.

Your appointment details:

Radiology Appointments

Thursday, October 27, 2022 12:30 PM PDT

Phone visit: Your provider will call you at the time of your appointment. You won't need to check in or confirm your appointment ahead of time.

Some health insurance plans charge a copay and share of cost for phone and video visits, similar to in-person visits. Check with your health plan for more information.

Video visit: Your provider will text or email you shortly before your appointment with instructions on joining your visit. Read our tips for a successful video visit.

Some health insurance plans charge a copay and share of cost for phone and video visits, similar to in-person visits. Check with your health plan for more information.

In-person visit: If you've scheduled an in-person visit, it will take place at:

Unspecified Unspecified

Unspecified, Unspecified Unspecified

Please bring a photo ID, proof of insurance, list of current medications (or medication bottles) and, if seeing a pediatrician, immunization record. You must wear a well-fitted mask covering your nose and mouth at all times.

You must perform a COVID-19 self-screening before you arrive.

We've implemented new guest guidelines for your health and safety. Minor patients over 2 years old can be accompanied by one adult (18 and older). Patients younger than 2 years old can be accompanied by two adults.

If you need to cancel your appointment, sign in to FollowMyHealth. For cancellations within 24 hours of appointment time, call your provider.

We appreciate the opportunity to care for you.

In good health,
Sharp Rees-Stealy Medical Group